Evolve Digital Level 1

Unit 5 Audio script

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###### Lesson 1

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 2, position 1

Monday

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 2, position 2

I don't like Mondays. It's the first day of college for the week.

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 3, position 1

Tuesday

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 3, position 2

I play football with my friends on **Tuesday** evening.

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 4, position 1

Wednesday

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 4, position 2

Wednesday is the middle of the week.

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 5, position 1

Thursday

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 5, position 2

On Thursdays I start college early in the morning.

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 6, position 1

Friday

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 6, position 2

I love Fridays. It's my last day at college for that week.

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 8

Monday, Tuesday, Wednesday, Thursday, Friday

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 9, position 1

Saturday

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 9, position 2

I am not at college on Saturday. I usually go shopping with my friends.

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 10, position 1

Sunday

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 10, position 2

I am not at college on Sunday. I always visit family and we have a big family meal.

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 11, position 1

on a weekday

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 11, position 2

I go to college on a weekday.

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 12, position 1

on the weekend

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 12, position 2

I don't go to college on the weekend. I see family and friends.

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 13, position 1

in the morning, in the afternoon, in the evening, at night

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 13, position 2

I go to college in the morning. I have classes and then I have lunch. In the afternoon I play sports and then I go home. In the evenings I study or watch television. At night I go to bed.

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 15

It’s Friday evening! The weekend is here!

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 16

I stay home on Friday nights.

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 17

I watch movies on Saturday afternoons.

# Lesson 1; Vocabulary presentation 1: Days and times of day; screen 18

I call friends on Sunday evenings.

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 2, position 1

go out

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 2, position 2

I go out to meet my friends every day.

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 3, position 1

play

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 3, position 2

I play basketball. I don't play soccer.

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 4, position 1

run

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 4, position 2

I run every morning.

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 5, position 1

study

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 5, position 2

She studies English in the afternoon.

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 6, position 1

work

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 6, position 2

Sarah and David work together in a small company.

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 7

always, usually, often, sometimes, hardly ever, never

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 8

Ialways run on Saturday morning.

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 9

I go out on Friday evening. I love Fridays!

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 10

I go out at night.

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 11

We play soccer.

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 12

You don’t work on the weekend.

# Lesson 1; Vocabulary presentation 2: Everyday activities; screen 13

I don’t go out on Mondays.

# Lesson 1; Vocabulary practice 1: Days and times of day; screen 10

I have English class on Mondays.

# Lesson 1; Vocabulary practice 1: Days and times of day; screen 11

I go out with my friends on Saturdays.

# Lesson 1; Grammar presentation: Simple present statements with "he," "she," and "they," and adverbs of frequency; screen 12

My parents don’t often work in the evening.

# Lesson 1; Grammar presentation: Simple present statements with "he," "she," and "they," and adverbs of frequency; screen 13

They always work in the morning.

# Lesson 1; Grammar presentation: Simple present statements with "he," "she," and "they," and adverbs of frequency; screen 14

My brother hardly ever studies on Saturday nights.

# Lesson 1; Grammar presentation: Simple present statements with "he," "she," and "they," and adverbs of frequency; screen 15

He usually studies on Monday mornings.

# Lesson 1; Language in context; screen 6

Sam works from Monday morning to Friday afternoon.

# Lesson 1; Language in context; screen 7

He doesn’t go out every evening.

# Lesson 1; Language in context; screen 8

On Tuesday, he stays home and watches TV.

# Lesson 1; Lesson review: Prepare to write; screen 2, screen 3, and screen 6

**Ricardo:** I live with my wife, Victoria, and my two children in Quito, Ecuador. We’re very busy on weekdays. I work from home, and my wife goes to work in her office every day. My children go to school on weekdays, but on Friday afternoons they finish early. They study a lot, so they don’t go out on weekdays. They don’t have time. On weekends, my children always go out to the park with their friends, and they play soccer. My wife goes to the park, too. But she doesn’t play soccer. She usually runs on Saturday mornings. I don’t like sports, so I don’t run or go to the park. I stay at home and study English.

# Lesson 1; Lesson review: Prepare to write; screen 4

**Ricardo:** My children go to school on weekdays, but on Friday afternoons they finish early. They study a lot, so they don’t go out on weekdays. They don’t have time.

# Lesson 1; Lesson review: Prepare to write; screen 5

**Ricardo:** On weekends, my children always go out to the park with their friends, and they play soccer. My wife goes to the park, too. But she doesn’t play soccer. She usually runs on Saturday mornings. I don’t like sports, so I don’t run or go to the park. I stay at home and study English.

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###### Lesson 2

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 2, position 1

What time is it?

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 2, position 2

It’s eight o’clock.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 3, position 1

It’s five-fifteen.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 3, position 2

It’s a quarter after five.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 4

It’s three-thirty.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 5, position 1

It’s ten forty-five.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 5, position 2

It’s a quarter to eleven.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 7

What time is it?

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 8

It’s eight o’clock.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 9

It’s a quarter after five.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 10

It’s a quarter to eleven.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 11, position 1

It’s nine-oh-five.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 11, position 2

It’s five after nine.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 12, position 1

It’s six-fifty.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 12, position 2

It’s ten to seven.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 13, position 1

It’s 8 a.m.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 13, position 2

It’s 8 p.m.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 14, position 1

It’s twelve p.m. It’s noon.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 14, position 2

It’s twelve a.m. It’s midnight.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 16

It’s a quarter after twelve.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 17

It’s 12 p.m.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 18

It’s noon.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 19

It’s 12 a.m.

# Lesson 2; Vocabulary presentation 1: Telling the time; screen 20

It’s midnight.

# Lesson 2; Vocabulary presentation 2: Everyday activities; screen 2, position 1

get up

# Lesson 2; Vocabulary presentation 2: Everyday activities; screen 2, position 2

I get up a six o’clock.

# Lesson 2; Vocabulary presentation 2: Everyday activities; screen 3, position 1

drink coffee

# Lesson 2; Vocabulary presentation 2: Everyday activities; screen 3, position 2

I drink some coffee at seven-oh-five.

# Lesson 2; Vocabulary presentation 2: Everyday activities; screen 4, position 1

eat breakfast, have breakfast

# Lesson 2; Vocabulary presentation 2: Everyday activities; screen 4, position 2

I have breakfast at quarter after seven. I eat breakfast at seven fifteen.

# Lesson 2; Vocabulary presentation 2: Everyday activities; screen 6, position 1

eat lunch, have lunch

# Lesson 2; Vocabulary presentation 2: Everyday activities; screen 6, position 2

I have lunch at five to twelve.

# Lesson 2; Vocabulary presentation 2: Everyday activities; screen 7, position 1

go to bed

# Lesson 2; Vocabulary presentation 2: Everyday activities; screen 7, position 2

I go to bed around midnight.

# Lesson 2; Vocabulary presentation 2: Everyday activities; screen 8, position 1

go to work, go to class

# Lesson 2; Vocabulary presentation 2: Everyday activities; screen 8, position 2

I go to work at ten-to-eight. I go to class at ten fifty.

# Lesson 2; Vocabulary presentation 2: Everyday activities; screen 10, position 1

eat dinner, have dinner

# Lesson 2; Vocabulary presentation 2: Everyday activities; screen 10, position 2

I have dinner at eight-thirty. I eat dinner at half past eight.

# Lesson 2; Vocabulary practice 1: Telling the time; screen 9

**Jaime:** What time is it?  
**Elena:** It’s a quarter to eleven.

# Lesson 2; Vocabulary practice 1: Telling the time; screen 11

**Mei:** What time is it?  
**Liam:** It’s six-fifty.

# Lesson 2; Vocabulary practice 2: Everyday activities; screen 3

**Gregory:** What time is it?  
**Sonia:** It’s nine-oh-five.

# Lesson 2; Vocabulary practice 2: Everyday activities; screen 10

**Sondra:** What do you do on Saturdays?  
**Robert:** I go to classes.

# Lesson 2; Grammar presentation: Questions in the simple present; screen 10

What time do you usually eat?

# Lesson 2; Grammar presentation: Questions in the simple present; screen 11

What time does she usually eat?

# Lesson 2; Grammar presentation: Questions in the simple present; screen 12

Do you eat hamburgers?

# Lesson 2; Grammar presentation: Questions in the simple present; screen 13

Does your dog eat hamburgers?

# Lesson 2; Lesson review: Prepare to speak; screen 3 and screen 4

**Alex:** I'm always so tired.  
**Doctor:** Tell me about your routine, Alex. What time do you **get up**?  
**Alex:** On weekdays, I usually get up at **7:45**, and I go to class at **8:30**.  
**Doctor:** Do you **eat breakfast**?  
**Alex:** No, I don't. But I **drink coffee**.  
**Doctor:** When do you eat?  
**Alex:** At noon. Then I **go to class** again in the afternoon. I usually **have dinner** at **9:00**. My parents don't like that.  
**Doctor:** Well, it is very late. Do they have dinner before you?  
**Alex:** Yes, they do. Usually at **6:00**.  
**Doctor:** Does your mom make dinner for you?  
**Alex:** No, she doesn't. I make it.  
**Doctor:** OK. What do you do on weekends?  
**Alex:** On Friday and Saturday, I go out with friends. I usually **go to bed** at **2:00** or **3:00 a.m.** And on Sunday, I get up really late and watch TV.  
**Doctor:** Alex, it's time to listen to your body clock!

# Lesson 2; Lesson review: Prepare to speak; screen 6

On weekdays, I usually get up at 7:45.

# Lesson 2; Lesson review: Prepare to speak; screen 7

I eat lunch at noon and I go to class in the afternoon.

# Lesson 2; Lesson review: Prepare to speak; screen 8

I usually have dinner at 9:00.

# Lesson 2; Lesson review: Prepare to speak; screen 9

On Friday and Saturday, I usually go to bed at 2:00 or 3:00 a.m.

# Lesson 2; Lesson review: Prepare to speak; screen 10, screen 11, and screen 14

**Clarissa:** I get up at a quarter to seven on weekdays. I like to have breakfast before I go to work. I always have coffee with my breakfast. I love coffee! I go to work at about 8 a.m. I usually have lunch with my friends in a café near our office. It’s a nice café. The food is good. We usually have lunch at 12:15. I finish work at 5 o’clock. In the evening, I sometimes run. I have dinner at 7 o’clock and I usually go to bed at 10:30. I like to sleep for eight hours.

# Lesson 2; Lesson review: Prepare to speak; screen 12, screen 13, and screen 15

**Clarissa:** I work on Saturday morning from 9:00 to 12:00, so I get up at 6:45, just the same as on weekdays. On Saturday afternoon I go out with friends. I usually go to bed at midnight or 1 a.m. On Sunday I get up at 9:00 or 9:30. I run in the morning, then I have lunch with my family. I usually visit my grandmother in the afternoon.

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###### Lesson 3

# Lesson 3; Functional language presentation; screen 3 and screen 4

**A:** Do you always run at lunchtime?  
**B:** Yeah, I usually run for about 30 minutes.  
**A:** That's cool. It's good to go out.  
**B:** **I agree**. And what about you? Do you run?  
**A:** Hardly ever. Well, I play basketball.  
**B:** So you run a lot!  
**A:** **That's true**. But I don't have the ball a lot! I'm not very good.  
**B:** **Me, neither**. But basketball is fun.  
**A:** **Yeah, I know**.  
**B:** I play with friends.  
**A:** **Me, too**. Hey, we have a game on Thursday after work. Play with us!  
**B:** Thursday. Um… yeah, OK.  
**A:** Great! Now I'm not the only bad player.  
**B:** Very funny!

# Lesson 3; Functional language presentation; screen 5

**A:** Do you always run at lunchtime?  
**B:** Yeah, I usually run for about 30 minutes.  
**A:** That's cool. It's good to go out.  
**B:** **I agree**. And what about you? Do you run?  
**A:** Hardly ever. Well, I play basketball.

# Lesson 3; Functional language presentation; screen 6

**B:** So you run a lot!  
**A:** **That's true**. But I don't have the ball a lot! I'm not very good.  
**B:** **Me, neither**. But basketball is fun.  
**A:** **Yeah, I know**.  
**B:** I play with friends.  
**A:** **Me, too**. Hey, we have a game on Thursday after work. Play with us!

# Lesson 3; Functional language presentation; screen 7

**A:** That's cool. It's good to go out.  
**B:** **I agree**. And what about you? Do you run?  
**A:** Hardly ever. Well, I play basketball.  
**B:** So you run a lot!  
**A:** **That's true**. But I don't have the ball a lot! I'm not very good.  
**B:** **Me, neither**. But basketball is fun.  
**A:** **Yeah, I know**.

# Lesson 3; Functional language presentation; screen 8

I agree.

# Lesson 3; Functional language presentation; screen 9

That’s true.

# Lesson 3; Functional language presentation; screen 10

That’s right.

# Lesson 3; Functional language presentation; screen 11

Yeah, I know.

# Lesson 3; Functional language presentation; screen 12

**A:** But I don't have the ball a lot! I'm not very good.  
**B:** **Me, neither**. But basketball is fun.  
**A:** **Yeah, I know**.  
**B:** I play with friends.  
**A:** **Me, too**. Hey, we have a game on Thursday after work. Play with us!

# Lesson 3; Functional language presentation; screen 15, position 1

I play with friends.

# Lesson 3; Functional language presentation; screen 15, position 2

Me, too.

# Lesson 3; Functional language presentation; screen 16, position 3

I’m not very good.

# Lesson 3; Functional language presentation; screen 16, position 4

Me, neither.

# Lesson 3; Real-world strategy; screen 3

**Woman:** Do you always run at lunch?   
**Man:** Usually. And what about you? Do you run?   
**Woman:** Hardly ever.

# Lesson 3; Real-world strategy; screen 4 and screen 5

**Man:** You run, right?  
**Woman:** Yeah, every morning.  
**Man:** So, do you get up early?  
**Woman:** Usually.  
**Man:** On weekends, too?  
**Woman:** That's right.  
**Man:** No way!  
**Woman:** Do you get up early on weekends?  
**Man:** Never!

# Lesson 3; Real-world strategy; screen 7

**A:** Do you go out on Monday nights?   
**B:** Hardly ever.

# Lesson 3; Pronunciation: Saying syllables in words; screen 1, position 1 and screen 2, position 1

run

# Lesson 3; Pronunciation: Saying syllables in words; screen 1, position 2 and screen 3, position 2

basketball

# Lesson 3; Pronunciation: Saying syllables in words; screen 1, position 3 and screen 4, position 3

soccer

# Lesson 3; Pronunciation: Saying syllables in words; screen 5, position 1

weekend

# Lesson 3; Pronunciation: Saying syllables in words; screen 5, position 2 and screen 8, position 2

Wednesday

# Lesson 3; Pronunciation: Saying syllables in words; screen 5, position 3 and screen 9, position 3

Saturday

# Lesson 3; Pronunciation: Saying syllables in words; screen 6, position 1

chat

# Lesson 3; Pronunciation: Saying syllables in words; screen 6, position 2 and screen 7, position 1

sport

# Lesson 3; Pronunciation: Saying syllables in words; screen 6, position 3

morning

# Lesson 3; Pronunciation: Saying syllables in words; screen 10

Tuesday, friends, sometimes, evening

# Lesson 3; Pronunciation: Saying syllables in words; screen 11

messages, apartment, special, cool, always

# Lesson 3; Lesson review: Prepare for the role-play; screen 2

**A:** Do you get up early on weekdays?   
**B:** Usually. But on the weekend, I get up late and go out for a big breakfast.   
**A:** That’s great! I really love to go out for breakfast.   
**B:** Me, too. It’s my favorite meal of the day.

# Lesson 3; Lesson review: Prepare for the role-play; screen 3, position 1

Do you get up early on weekdays?

# Lesson 3; Lesson review: Prepare for the role-play; screen 3, position 2

Usually.

# Lesson 3; Lesson review: Prepare for the role-play; screen 4, position 3

I really love to go out for breakfast.

# Lesson 3; Lesson review: Prepare for the role-play; screen 4, position 4

Me, too.

# Lesson 3; Lesson review: Prepare for the role-play; screen 5

**A:** Do you study in the morning?   
**B:** Always. It’s summer now, and it’s really hot in the afternoon.   
**A:** I agree. It’s really hot at the moment!   
**B:** Yeah, I know.

# Lesson 3; Lesson review: Prepare for the role-play; screen 6 and screen 7

**A:** Do you watch TV on the weekend?   
**B:** Never. I think it’s boring.   
**A:** I agree. I only watch sports on TV. I love sports!   
**B:** Me too. I really like soccer.   
**A:** Do you play any sports? I don’t have a lot of time for sports.    
**B:**  Me, neither, but I like to swim.   
**A:** I run every day before dinner. Exercise is good.   
**B:** That’s true. It’s important.    
**A:** The park is a great place to run.   
**B:** That’s right. I run there, too.

# Lesson 3; Role-play; turn 1

**Pablo:** Do you watch TV on the weekend?

# Lesson 3; Role-play; turn 2

**Nila:** Never. I think it's boring.

# Lesson 3; Role-play; turn 3

**Pablo:** I agree. I only watch sports on TV. I love sports!

# Lesson 3; Role-play; turn 4

**Nila:** Me too. I really like soccer.

# Lesson 3; Role-play; turn 5

**Pablo:** Do you play any sports? I don't have a lot of time for sports.

# Lesson 3; Role-play; turn 6

**Nila:** Me neither, but I like to swim.

# Lesson 3; Role-play; turn 7

**Pablo:** I run every day before dinner. Exercise is good.

# Lesson 3; Role-play; turn 8

**Nila:** That's true. It's important.

# Lesson 3; Role-play; turn 9

**Pablo:** The park is a great place to run.

# Lesson 3; Role-play; turn 9

**Nila:** That's right. I run there, too.

###### 

###### Lesson 4

# Lesson 4; Lesson review: Prepare to write; screen 3

**Kim Park:** This is my WRAP report. I teach at a college from 9 in the morning to four in the afternoon, from Monday to Friday. I go to Mandarin classes on Saturday mornings. In the evening, I usually watch TV or read a book. Sometimes I talk to my friends on video chat. I usually go out with my friends on Saturday night. On Sundays, I play basketball at 10 o’clock in the morning.

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###### Unit 5 Review

# Unit 5 Review; Vocabulary review; screen 5 and screen 6

I’m very busy on weekdays! I work from Monday to Friday from 8 a.m. to 4 p.m.  On Monday evenings, I go to music classes. On Tuesday and Friday, I play soccer with my friends. On Thursday evenings, I run in the park. And on the weekend, I rest!

# Unit 5 Review; Vocabulary review; screen 10

**A:** What time is it?    
**B:** It’s five after four.

# Unit 5 Review; Grammar review; screen 4

Do your friends play soccer?

# Unit 5 Review; Grammar review; screen 5

Never! My friends hardly ever play sports.

# Unit 5 Review; Functional language review; screen 5

I don’t work on weekends.

# Unit 5 Review; Functional language review; screen 6

Me neither, but I work a lot during the week.

# Unit 5 Review; Functional language review; screen 8

**A:** Do you go to bed at 10 o’clock?    
**B:** Sometimes. But only on weekdays!

# Unit 5 Review; Listen and watch; screen 10 and screen 11

**Nadya:** I usually work seven hours a day, from 9 a.m. to 5 p.m. I always have lunch at 1 p.m. On Saturdays, I study English in the morning. In the afternoon, I play sports, and in the evening, I go out with my friends. On Sundays, I relax. I watch movies and I talk to my family.

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###### Time to watch: Drama

# Time to watch: Drama; Before you watch; screen 5

It’s noon.

# Time to watch: Drama; Before you watch; screen 6, position 1

food truck

# Time to watch: Drama; Before you watch; screen 6, position 2

This my favorite food truck. It's on my street, and the food there is great!

# Time to watch: Drama; After you watch; screen 2

**A:** What do you like to do after work?   
**B:** Sometimes I like to go to the movies.  
**A:** Me, too! I love the movies.

# Time to watch: Drama; After you watch; screen 3

**A:** What do you like to do after school?   
**B:** I’m usually very tired, so I like to go home.   
**A:** Yeah, I know! I’m always really tired, too.

# Time to watch: Drama; After you watch; screen 4

**Man:** On weekdays, I always stop work at 6 o’clock. I sometimes go to the gym, but often I'm very tired. I usually go to the gym on Tuesdays and Thursdays. On other days, I go home after work and I make dinner for my family. My wife doesn’t have time after work. She stops work at 8 in the evening. After dinner, we watch TV, and then we go to bed at 11 at night.

# Time to watch: Drama; After you watch; screen 5

On weekdays, I always stop work at 6 o’clock. I sometimes go to the gym, but often I'm very tired. I usually go to the gym on Tuesdays and Thursdays. On other days, I go home after work and I make dinner for my family.

# Time to watch: Drama; After you watch; screen 6

My wife doesn’t have time after work. She stops work at 8 in the evening. After dinner, we watch TV and then we go to bed at 11 at night.